



Sheraton National

H O T E L
A R L I N G T O N

BREAKFAST SELECTIONS

CONTINENTAL BREAKFAST

The Executive

Assorted Chilled Juices
Seasonal Sliced Fruit & Berries
Freshly Baked Muffins, Danish, Croissants & Breakfast Breads
Butter & Fruit Preserves
Fresh Coffee, Decaffeinated Coffee & Selection of Fine Teas

The New Yorker

Assorted Chilled Juices
Selection of Assorted Fresh Bagels with Honey Butter,
Cream Cheese, Smoked Salmon & Fruit Preserves
Seasoned Fresh Sliced Fruit & Berries
Fresh Coffee, Decaffeinated Coffee & Selection of Fine Teas

The Virginian

Assorted Chilled Juices
Apple-Citrus Compote
Virginian Ham Biscuits, Sausage Gravy & Cheese Grits
Fresh Coffee, Decaffeinated Coffee & Selection of Fine Teas

FRESH BEGINNINGS

Breakfast Selections Served with Chilled Juices: Orange, Grapefruit, or Cranberry
Breakfast Pastries, Butter & Fruit Preserves
Fresh Coffee, Decaffeinated Coffee & Selection of Fine Teas

BREAKFAST ENTRÉE SELECTIONS

The All American Breakfast

Country Fresh Scrambled Eggs or Omelet with a Choice of Crisp Bacon, Sausage or
Grilled Smoked Ham Served with Breakfast Potatoes

Eggs Benedict

Twin English Muffins Topped with Traditional Poached Eggs, Canadian Bacon & Asparagus Spears
with Hollandaise & Breakfast Potatoes

Vera Cruz Melted Eggs

Flour Tortilla Topped with Scrambled Eggs, Green & Red Peppers, Tomatoes,
Onions & Melted Cheddar Cheese with Breakfast Potatoes
Choice of Crisp Bacon, Sausage or Grilled Smoked Ham

Steak & Eggs

Scrambled Eggs with 4 oz. Grilled NY Strip,
Gratinée Tomatoes & Breakfast Potatoes

Fresh Sliced Fruit & Berries

Starbucks Coffee, Regular & Decaffeinated

*Additional Service Charge of \$75 for Fewer than 25 Guests
All Buffets with 10-24 Guests, Add an Additional \$4.00 Per Person*

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BREAKFAST BUFFETS

Breakfast Buffet includes Assorted Breakfast Bakeries with Butter & Fruit Preserves
Fresh Coffee, Decaffeinated Coffee & Selection of Fine Teas

The Capitol Buffet

Assorted Chilled Juices, Selection of Cereal & Granola
Assorted Yogurt, Fresh Sliced Fruit, Fluffy Scrambled Eggs, Crisp Bacon or
Country Sausage & Breakfast Potatoes

The Monticello Buffet

Assorted Chilled Juices, Display of Seasonal Fresh Fruit
Assorted Cold Cereal with Chilled Milk, Assorted Bagels with Cream Cheese,
Thick French Toast with Maple Syrup, Fluffy Scrambled Eggs,
Crisp Bacon or Country Sausage & Breakfast Potatoes

Healthy Breakfast Buffet

Assorted Chilled Fruit Juices, Assorted Low Fat Muffins, Seasonal Fresh Fruit,
Low-Fat Honey Yogurt Dressing, Hot Oatmeal with Raisins & Granola
Assorted Healthy Cereals & Yogurts

To Enhance your Buffet for that Extra Touch

Attendant fee is \$85.00

Carved Virginia Ham

Fresh Buttermilk Biscuits

Display of Smoked Salmon

Chopped Egg, Capers, Red Onions,
Tomatoes & Cucumbers
Bagels & Cream Cheese

Omelets

Prepared at your Buffet with a Variety of Fillings to
include:

Diced Ham, Shredded Cheddar Cheese, Chopped
Onions, Mushrooms & Green Peppers

Waffles

Prepared at your Buffet with Fresh Strawberries,
Warm Maple Syrup & Fresh Whipped Cream

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The Arlington Brunch

Assorted Chilled Fruit Juices

Fresh Fruit Display with Seasonal Berries

Selection of Freshly Baked Muffins, Danish, Bagels & Croissants
Flavored Butter, Honey, Fruit Preserves, Cream Cheese

Imported & Domestic Cheese Display with Crackers

Choice of Two (2) Salads:

Salad Options: Fresh Organic Orzo Pasta with Roasted Sweet Peppers, Green/Black Tip Olives,
Fresh Feta & Homemade Lemon Basil Vinaigrette; Classic Caesar Salad & Parmesan Croutons;
Fields Greens & Roasted Almonds with Balsamic Vinaigrette; Grilled Vegetables;
Plum Tomato & Basil with Pesto Dressing; Organic Israeli Couscous with Fresh Cilantro Pistou,
Quarter Pear Tomatoes, Red Spanish Onions & Juniper Capers;
Fresh Organic Red Quinoa Salad with Toasted Pine Nuts, Baby Mozzarella Cheese,
Fresh Mint & Julienne of Roasted Peppers or French Country Potato Salad

Omelet Station ~ Chef Attended

Omelets Prepared to Order with Onions, Grated Cheddar Cheese, Mushrooms, Diced Tomatoes,
Red & Green Peppers & Ham

Texas Style French Toast with Maple Syrup

Crisp Bacon & Country Sausage

Home-style Breakfast Potatoes

Choice of Two (2) Entrees:

Chicken Breast Francaise with Lemon Chardonnay Butter & Roasted Almonds;

Grilled Norwegian Salmon with Cilantro & Papaya Salsa

Baked Halibut Lemon Grass Reduction

Sliced Sirloin of Beef Cabernet Sauce

Garlic & Herb Pork Tenderloin Country Stuffing, Granny Smith Apples

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A La Carte

Fresh Coffee, Decaffeinated or Selection of Fine Teas
Fresh Starbucks Coffee, Decaffeinated or Selection of Fine Teas
Fresh Brewed Iced Tea
Fresh Lemonade
Sparkling & Spring Water
Assorted Soft Drinks
Fresh Orange Juice
Fruit Juices: Apple, Cranberry & Grapefruit
Whole or Skim Milk
Fruit Punch
Assorted Fruit Smoothies
Assorted Energy Drinks
Assorted Cereals
Croissants with Sweet Butter
Assorted Breakfast Pastries
Freshly Baked Muffins
Assorted Bagels with Cream Cheese
Fresh Fruit Display
Whole Fruit
Individual Yogurt
Freshly Baked Jumbo Cookies
Blondies & Brownies
Pretzels
Mixed Nuts
Assorted Dry Snacks

EXECUTIVE IMPRESSIONS

Early Morning Refreshment Service

Chilled Fruit Juices
Seasonal Fresh Fruit & Berries
Assorted Yogurt
Assorted Breakfast Pastries with Butter & Fruit Preserves
Fresh Coffee, Decaffeinated Coffee & Selection of Fine Teas

Mid Morning Refreshments

Granola & Nutrigrain Bars
Coffee, Decaffeinated Coffee & Selection of Fine Teas
Assorted Soft Drinks & Spring Waters

Afternoon Refreshments

Sugar Cookies, Milk Chocolate Chunk Cookies, Peanut Butter Chunk Cookies &
White Chocolate Macadamia Cookies
Coffee, Decaffeinated Coffee & Selection of Fine Teas
Assorted Soft Drinks & Spring Waters

Replace Afternoon Refreshments with any "Intermissions" Item by Adding \$3.00 Per Person

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INTERMISSIONS

- **Cookie Madness**
Sugar Cookies, Milk Chocolate Chunk Cookies, Peanut Butter Chunk Cookies & White Chocolate Macadamia Cookies
Individual Whole Milk, 2% Milk & Assorted Soft Drinks
- **Ballpark Break**
Stadium Style Corn Dogs, Popcorn, Crackerjacks, Bag Peanuts, Potato Chip, New York Style Jumbo Pretzels, Assorted Soft Drinks to include Root Beer
- **Fitness Break**
Crispy Crudite Display with Herb Dipping Sauce, Sliced Fresh Fruit Display with a Yogurt Sauce, Assorted Granola Bars, Spring Waters, Energy Drinks & Crystal Lite
- **Ice Cream Treats**
Assorted Ben & Jerry's Novelties to include:
the Cone, 'Wich Cookie Sandwich & the Bar
Assorted Soft Drinks & Bottled Water
- **Snack Attack**
Assorted Candy Bars, Rice Krispee Treats, Individual Bags of Potato Chips, Pretzels & Popcorn, Assorted Soft Drinks & Bottled Water

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LUNCHEON

STARTERS ~ Choose (1)

Crisp Garden Greens with Balsamic Vinaigrette
Classic Caesar Salad with Parmesan Croutons

- Soup du jour
- Fresh Tomato, Mozzarella, Basil & Balsamic Vinaigrette
- Baby Spinach Salad & Fresh Mushrooms with Warm Bacon Vinaigrette

ENTREES

- *Chicken Breast Milanese*
Fresh Tomato, Mushroom & Basil
- *Chicken Breast Francaise*
Roasted Almonds & Lemon Butter
- *Chicken Breast & Norwegian Salmon*
Chardonnay Sauce
- *Grilled Sliced Tenderloin*
Brandied Mushroom Caps & Merlot Sauce
- *BBQ Pork Loin*
Glaze of House Barbecue Sauce
- *London Broil au Jus*
- *Maryland Jumbo Lump Crab Cake*
Broiled or Fried with Spicy Remoulade Sauce
- *Broiled Norwegian Salmon*
Warm Grapefruit & Citrus Butter
- *Grilled Mahi Mahi*
Mango Salsa
- *Grilled Chicken Breast & Wild Mushroom Penne Alfredo*
- *Grilled Vegetable Lasagna*
Plum Tomato Concasse
- *Grilled Portobello Mushrooms*
Saffron, Ricotta, Steamed Asparagus Bundles

All Entrees Include One of the Above Starters, Vegetables, Starch, Rolls & Butter, Dessert & Beverage Service
All Split Menus will be Charged at the Higher Priced Menu Item

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EXPRESS LUNCH BUFFET

Sheraton Deli Express

Soup of the Day, Display of Assorted Deli Meats to Include Smoked Turkey,
Virginia Ham, Corned Beef & Roast Top Sirloin with Swiss, Provolone & Cheddar Cheese
Relish Tray of Pickles, Tomatoes, Lettuce & Onions,
Assorted Breads & Rolls (Ciabatta, Whole Grain Kaiser & Focaccia)
Choice of Two Side Salads, Chef's Selection of Desserts
Freshly Brewed Coffee, Decaffeinated Coffee & Selection of Fine Teas

Pentagon Wrap

Selection of Wraps that Include:

Choice of Three Selections:

- *Roasted Root Vegetables in a Herb Lemon Vinaigrette, Garnish with Alfalfa Sprouts in a Spinach Wrap
 - *Spiced Chicken with Crispy Vegetable Salad, Soy Ginger Dressing in a Tomato Wrap
 - *Grilled Chicken, Avocado, Swiss Cheese, Romaine Lettuce, Tomato & Sprouts in an Herb Wrap
 - *French Ham with Banana Peppers, Boston Lettuce, Tomato & Mozzarella Cheese in a Sourdough Wrap
 - *Grilled Flank Steak with Sweet Red Pepper, Onions, Whole Grain Mustard in a Chili Wrap
- Choice of Two Salads, Chef's Selection of Desserts
Freshly Brewed Coffee, Decaffeinated Coffee & Selection of Fine Teas

Salad Options (Choose 2):

Fresh Organic Orzo Pasta with Roasted Sweet Peppers, Green/Black Tip Olives, Fresh Feta &
Homemade Lemon Basil Vinaigrette
Classic Caesar Salad & Parmesan Croutons
Fields Greens & Roasted Almonds with Balsamic Vinaigrette
Grilled Vegetables
Plum Tomato & Basil with Pesto Dressing
Organic Israeli Couscous with Fresh Cilantro Pistou,
Quarter Pear Tomatoes, Red Spanish Onions & Juniper Capers
Fresh Organic Red Quinoa Salad with Toasted Pine Nuts, Baby Mozzarella Cheese,
Fresh Mint & Julienne of Roasted Peppers
French Country Potato Salad

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SPECIALTY BUFFETS

Tuscany's Favorites

Minestrone Soup
Caesar Salad with Parmesan Croutons
Breaded Chicken Scaloppini ~ Creamy Sun-dried Tomato & Basil Polenta
Tortellini Primavera
Choice of Vegetable or Beef Lasagna
Garlic Bread & Breadsticks
Cannolis & Café Latte Cheesecake
Freshly Brewed Coffee, Decaffeinated Coffee & Selection of Fine Teas

Chesapeake Bay

Clam & Crab Chowder
Mixed Lettuce Salad
New Red Potato with Green Beans, Bacon, Boiled Eggs & Creamy Dijon Dressing
Cucumber Salad with Red Onions in a Sour Cream Cider Dressing
Homemade Chicken Pot Pie
Fried Codfish with Crispy Bermuda Onions & Tomato Sauce
Old Fashioned Yankee Pot Roast ~ Root Vegetables & Herbed Braising Jus
Rosemary Roasted Red Potatoes
Baked Tomatoes with Parmesan Cheese
Homemade Fruit Cobblers
Freshly Brewed Coffee, Decaffeinated Coffee & Selection of Fine Teas

Latino's Corner

Tortilla Soup
Corn & Pepper Salad with Pico de Gallo
Chicken Fajitas with Grilled Onions & Red Peppers
Sautéed Tilapia Vera Cruz
Seasoned Ground Beef
Taco Shells, Flour Tortillas, Shredded Lettuce, Chopped Tomatoes, Grated Cheddar Cheese,
Spanish Rice, Refried Beans, Guacamole, Sour Cream & Fresh Salsa
Xango Tortilla Cheesecake with Caramel Sauce
Freshly Brewed Coffee, Decaffeinated Coffee & Selection of Fine Teas

Pacific Rim

Egg Drop Soup with Crispy Wontons
Lo Mein Noodle Salad Tossed in Sesame Oriental Dressing
Crispy Egg Rolls (Choice of Chicken, Pork or Vegetarian) with Duck Sauce
Chicken & Snow Pea Salad with Thai Peanut Dressing
Stir Fried Cashew Chicken with Steamed Jasmine Rice
Teriyaki Beef with Stir Fried Vegetables
Coconut Cake & Ginger Rice Pudding
Freshly Brewed Coffee, Decaffeinated Coffee & Selection of Fine Teas

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LIGHT LUNCHEON ALTERNATIVES

- **Grand Caesar Salad**
Classic Caesar Salad Served with Parmesan Cheese, Roasted Peppers,
Home Made Sourdough Croutons
Served with a Choice of:
Gulf Shrimp Cocktail
Maryland Lump Crab Cake
Grilled Chicken Breast
Marinated Flank Steak
- **Cold Poached Norwegian Salmon**
Romaine Lettuce Hearts, Sliced Plum Tomatoes, Seedless Cucumbers & Diced Yogurt Dressing
- **Tuna Nicoise**
Bonito Tuna with Haricot Vert, Roasted Yellow Peppers, Red Bliss Potatoes & Tapenade Dressing
- **Chicken in the Field**
*Grilled Marinated Chicken Breast on a Bed of Crisp Greens with Avocado, Cucumber,
Black Olives & Tomatoes ~ Served with a Light Ranch Dressing*
- **Asian Noodle Salad**
With Teriyaki Steak, Crisp Vegetables, Fried Wonton Skins & Ginger Sesame Dressing
- **Tarragon Chicken Salad**
Served in a Flaky Croissant ~ Accompanied by Fresh Fruit
- **Sheraton Specialty Box Lunch**
Choice of: Roast Beef & Provolone Cheese on Ciabatta, Applewood Smoked Ham & Swiss Cheese
on Rye, Grilled Chicken Breast & Boursin Cheese on Focaccia, or Roasted Vegetable on Sun Dried
Focaccia, Whole Fresh Fruit, Sun Chips & Soft Drink or Bottled Water

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DINNER OPTIONS

STARTERS ~ Choice (1)

Crisp Garden Greens with Balsamic Vinaigrette
Classic Caesar Salad with Parmesan Croutons
Spinach Salad with Bacon Dressing

OPTIONAL

- **Maine Lobster Bisque**
With Jumbo Lump Crabmeat & Puff Pastry Twist
- **Wild Mushroom Feuillee**
Sautéed Wild Mushrooms & Asparagus in an Virginia Applejack Sauce with Puff Pastry
- **Fresh Buffalo Mozzarella**
Red Beefsteak Tomatoes, Fresh Basil & Balsamic Infused Olive Oil
- **Maryland Jumbo Lump Crab Cake**
Roasted Silver Corn with Chardonnay Butter
- **Chilled Jumbo Shrimp Cocktail**

DUAL ENTRÉE MENU SELECTION

Grilled Norwegian Salmon & Breast of Chicken Francaise

Chardonnay Sauce
\$39.95

Free Range Chicken Breast & Jumbo Gulf Shrimp

Garlic, Sherry Butter Sauce
\$40.95

Roasted Beef Tenderloin & Jumbo Gulf Shrimp

Cabernet Sauce
\$46.95

Roasted Beef Tenderloin & Maryland Crab Cake

\$49.95

All Dinners Include:

Starter, Chef's Choice of Accompaniments, Rolls & Butter, Dessert
Coffee, Decaffeinated Coffee & Assorted Selection of Teas

All split menu will be charged at the higher priced menu items

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ENTRÉE SELECTION

- **Chicken Breast Francaise**
Lemon Chardonnay Butter & Roasted Almonds
- **Chicken Breast Milanese**
Fresh Tomato, Mushrooms & Basil
- **Grilled Norwegian Salmon**
Cilantro & Papaya Salsa
- **Mahi Mahi**
Gulf Shrimp & Lobster Sauce
- **Baked Halibut**
Lemon Grass Reduction
- **Maryland Jumbo Lump Crab Cakes**
Broiled Served with Duo Sauces of Red Pepper Coulis & Lemon Butter
- **Roasted Beef Tenderloin**
Sautéed Wild Mushrooms & Merlot Sauce
- **Sliced Sirloin of Beef**
Cabernet Sauce
- **Grilled Double Lamb Chops**
Grilled Pear & Rosemary Cabernet Sauce
- **Garlic & Herb Pork Tenderloin**
Country Stuffing, Granny Smith Apples & Garlic Mashed Potatoes
- **Tuscan Roasted Vegetables**
Grilled Marinated Zucchini, Yellow Squash, Pepper Trio,
Portobello Mushrooms with Orzo Pasta
- **Ravioli Novo**
Fresh Florentine Ravioli Sautéed in a Basil Tomato Sauce & Fresh Garlic Bread

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DINNER BUFFET

SALAD ACCOMPANIMENTS ~ Selection of Three (3)

Fresh Organic Orzo Pasta with Roasted Sweet Peppers, Green/Black Tip Olives,
Fresh Feta & Homemade Lemon Basil Vinaigrette

Classic Caesar Salad & Parmesan Croutons

Fields Greens & Roasted Almonds with Balsamic Vinaigrette

Plum Tomato & Basil with Pesto Dressing

Organic Israeli Couscous with Fresh Cilantro Pistou, Quarter Pear Tomatoes,
Red Spanish Onions & Juniper Capers

Fresh Organic Red Quinoa Salad with Toasted Pine Nuts, Baby Mozzarella Cheese,
Fresh Mint & Julienne of Roasted Peppers

French Country Potato Salad

ENTRÉE SELECTION

per person for selection of Two Entrées

per person for selection of Three Entrées

Chicken Breast Francaise with Lemon Chardonnay Butter & Roasted Almonds

Chicken Roulade with Imperial Crab & Lobster Sauce

Grilled Norwegian Salmon with Cilantro & Papaya Salsa

Grilled Mahi Mahi with Baby Shrimp in Herbed Chardonnay Sauce

Baked Halibut with a Lemon Grass Reduction

Sliced Sirloin of Beef in a Cabernet Sauce

Garlic & Herb Pork Tenderloin Country Stuffing, Granny Smith Apples

SIDE SELECTION ~ Selection of Two (2)

Oven Roasted Red Bliss Potatoes

Potatoes Au Gratin

Fresh Penne Pasta Alfredo Style ~ Julienne Sun Dried Tomato & Chives

Florentine Ravioli with House-Made Pesto

Wild Rice Pilaf ~ Organic White & Dark Rice with Scallions & Roasted Bell Peppers

ASSORTED CAKES & PIES

All Buffets Served with Assorted Rolls & Butter, Mélange of Seasonal Vegetables, Assorted Cakes & Pies
Fresh Coffee, Decaffeinated Coffee & Selection of Fine Teas

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Add a Carving Station ~ \$7.50 Per Person

DESSERTS

FOR THE SWEET TOOTH

Chocolate Pyramid Anglaise

Dark Chocolate Mousse filled with Rich Vanilla Cream

Hazelnut Craquant

Chocolate Sponge Cake layered with Praline & Hazelnut Mousse

Chocolate Molten

Chocolate Truffle Center – Served Warm with Whipped Cream

Lemoncello Tart

Buttery Semolina Textured Cake Loaded with Lemon Zest, Tart
Lemon Curd & Fresh Raspberries

Cheesecake Xangos

Rich, Smooth Cheesecake rolled in a Pastry of Tortilla
Served with a Duo of Sauce ~ Caramel & Raspberry

Tiramisu

With Kahlua
Chocolate Sauce

Passionberry Duo

Berry Mousse Layered with a Thin Chocolate Snap & Tropical
Passion Fruit Mousse Finished with a Berry Glaze

Assorted Berries

With Chambord in a Chocolate Tulipe

Chocolate Logos Available Upon Request

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RECEPTION

- Fresh Cut Vegetable Crudit  with a Selection of Dips **Per Person**
- Imported & Domestic Cheese Display with Fresh Fruit Garnish
Assorted Breads & Crackers **Per Person**
- Marinated & Grilled Vegetables with Two Seasonal Dips **Per Person**
- Fresh Cut Fruit, Cheese, French Bread, & Fine Crackers **Per Person**
 - With Country Pate & Cornichon **Per Person**
 - With Smoked Salmon **Per Person**
- Decorated Cold Poached Salmon with Dill & Cucumber Mayonnaise
Minimum of 40 Guests **Per Person**
- Whole Cold Poached Salmon Fillet with Herb Mayonnaise
Minimum of 25 Guests **Per Person**
- Smoked Irish Salmon or Nova Lox ~ **Minimum of 40 Guests** **Per Person**
Cream Cheese, Capers, Thinly Sliced Onions & Tomatoes
- Sushi Selection ~ **Minimum of 50 Guests** **Per Person**
Fresh Sushi Display of Tuna, Salmon, Shrimp, California &
Vegetarian Rolls, Pickled Ginger & Ponzu Sauce
- Whole Baked Brie en Croute ~ **Minimum of 50 Guests** **Per Person**
Apples & Roasted Almonds, Served with Melon Sauce
- Antipasto Display ~ **Minimum of 50 Guests** **Per Person**
Individual Portions of Prosciutto, Coppa, Mortadella, Pepperoni, Provolone
& Mozzarella Accompanied with Marinated Artichoke Hearts, Mushrooms,
Roasted Peppers, Green & Black Olives Served with Garlic Bread & Breadsticks
- Charcuterie & Relishes ~ **Minimum of 100 Guests** **Per Person**
Selection of Meat, Seafood & Vegetable Terrines, P tes, Sausages
Accompanied by Pickled Vegetables, Relishes & Condiments
- Mediterranean Display ~ **Minimum of 40 Guests** **Per Person**
Hummus, Baba Ghanoush & Tabbouleh served with Pita Triangles
- Cold Slices of Whole Beef Tenderloin ~ **Minimum of 50 Guest** **\$Per Person**
Capers, Cucumber, Onions & Horseradish
- Decorated Slices of Honey Glazed Ham **Per Person**
- Demounted Whole Turkey Display **Per Person**
- Fruit Skewers in Watermelon Boats **Per Person**

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ATTENDED SPECIALTY STATIONS

Chef attendant fee of \$85.00 for all stations
Minimum of 50 Guests for All Stations

- **Asian Stir Fry Station** **Per Person**
Lo Mein Noodles with Stir Fry Vegetables
Grilled & Marinated Free Range Chicken Breast with Stir Fry Vegetables
Thinly Sliced Flank Steak with Stir Fry Vegetable
Baby Shrimp & Bay Scallops with Lo Mein Noodles
- **Southwestern Fajita Wraps** **Per Person**
Spinach, Sun-dried Tomato & Flour Tortillas
Tequila Marinated Grilled Chicken Breast
Grilled Flank Steak & Bay Shrimp
Black Beans, Bell Peppers, Onions, Cheeses, Guacamole, Sour Cream, Pico de Gallo
- **Carved Steamship Round of Beef ~ Serves 125ppl**
Served with Dijon Mustard, Horseradish Cream & Silver Dollar Rolls
- **Grilled Tenderloin of Beef ~ Serves 50ppl**
Horseradish Mayonnaise or Béarnaise Sauce
With Plain & Garlic French Bread
- **Honey Glazed Virginia Ham ~ Serves 50ppl**
Assorted Mustards & Homemade Biscuits
- **Cracked Black Pepper Encrusted Sirloin of Angus Beef Serves 25ppl**
Seasoned with Sea Salt & Thyme
Cabernet Sauvignon Jus, & Horseradish Sauce
Plain & Garlic French Bread
- **Pasta Station** **Per Person**
Cheese Tortellini, Penne & Bowtie Pasta with Pesto, Alfredo & Marinara Sauce
Bay Shrimp, Smoked Salmon, Italian Sausages, Chorizo, Mushrooms,
Fresh Vegetables, Herbs, Aged Parmesan Cheese & Garlic Breadsticks
- **Risotto Station** **Per Person**
Slow Cooked Arborio Rice with Fresh Parmigiano-Reggiano, Wild Mushrooms,
Marinated Baby Shrimp, Fresh Asparagus, Julienne of Beef Tenderloin & Free Range
Chicken with Crème Fraîche.
- **Mashed Potato Bar** **Per Person**
Trio of Mashed Potatoes with Toppings of Caramelized Onions, Wild Mushroom Sauté,
Marinated Baby Shrimp, Applewood Smoked Bacon in Brown Sugar Glaze, Sugared Pecans
& Cabernet Gravy

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- **Grand Caesar Salad Station** **Per Person**
Fresh Tossed Cut Romaine, Creamy Caesar Dressing, Aged Parmesan, Herbed Sour Dough Croutons, Grilled Chicken Breast, Thinly Sliced Marinated Flank Steak, Hearts of Palm, Artichoke Hearts, Roasted Dutch Peppers & Anchovies
- **Pennsylvania Dutch Country Hickory Smoked Turkey** **Per Person**
Honey Mustard, Cranberry Chutney & Silver Dollar Rolls
- **Rosemary Roasted Boneless Leg of Lamb** **Per Person**
Rubbed with Grain Mustard & Herbs, Minted Madeira Jus
- **Rack of New Zealand Lamb** **Per Person**
Sweet Garlic Lamb Jus & Mint Jelly
- **Sesame Coated Roasted Ahi Tuna Loin** **Per Person**
Mild Wasabi Aioli
- **Sushi Station ~ Additional \$150.00 Attendant Fee** **Per Person**
An Assortment of Four Different Varietals of Sushi with Wasabi, Shaved Ginger & Ponzu Sauce
- **Starbucks Coffee & Dessert Station** **Per Person**
Miniature Cheesecakes, Fruit Tarts & Petit Fours
Freshly Brewed Starbucks Coffee, Regular & Decaffeinated Coffee
Shaved Dark Chocolate, Cinnamon Sticks, Orange Zest, Amaretto Whipped Cream & Sugar Cane Skewers
- **Ice Cream Parlor** **Pre Person**
Ben & Jerry's Chocolate & Vanilla Ice Cream
Butterscotch, Hot Fudge & Raspberry Sauces, Sprinkles, Chocolate Shaving Sprinkles, Oreo Cookie Crumbles & M&M's

*Additional Service Charge of \$75 for Fewer than 25 Guests
All Buffets with 10-24 Guests, Add an Additional \$4.00 Per Person*

*All Prices Subject to 21% Service Charge & Applicable Taxes
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Sheraton National

H O T E L
A R L I N G T O N

RECEPTION SUGGESTIONS

COLD HORS D' OEUVRES

Cherry Tomatoes with Herb Cream Cheese
Asparagus Wrapped in Smoked Turkey
Melon Wrapped in Prosciutto
Hummus & Calamata Olives on Crisp Pita Triangle
Mango Curried Chicken on Toasted Focaccia

Assorted Cold Canapé Deluxe
Roast Beef Pinwheels with Horseradish
Tarragon Chicken in Pastry Shells
Caprese Crostini, Fresh Mozzarella, Basil & Roma Tomatoes
Rare Seared Ahi Tuna, Cucumber Coin, Pickled Ginger

Smoked Salmon Rosette with Herbed Cream Cheese
California Rolls
Lobster Mousse on Cucumber Wheels
Shrimp & Dill Mousse en Petit Bouchée

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A R L I N G T O N

HOT HORS D' OEUVRES

- Mini Oriental Spring Rolls with Sweet & Sour Dipping Sauce – Chicken, Pork or Vegetarian
- Miniature Quiche Lorraine
- Spanakopita
- Assorted Bite Size Chicago Style Pizza
- Steamed or Fried Oriental Dumplings, Sesame Dressing - Chicken, Pork or Vegetarian
- Vegetarian Empanada
- Fig & Mascarpone in Phyllo
- Applewood Bacon & Onion Tarlettes

- Seafood Mushroom Cap
- Chicken Satay with Asian Peanut Sauce
- Oriental Chicken Tenderloin with Ginger Soy Sauce
- Sesame Chicken Tender with Plum Soy Sauce
- Baked Brie, Slivered Almonds & Raspberry Preserves in a Puff Pastry
- Scallops Wrapped in Bacon
- Artichokes stuffed with Goat Cheese, Cream Cheese & Parmesan Cheese Lightly Breaded
- Hawaiian Chicken Brochettes
- Sesame Beef Skewers with Teriyaki Sauce
- Hibachi Beef Skewer
- Beef Sate with Five Spice Peanut Glaze

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H O T E L
A R L I N G T O N

HOT HORS D' OEUVRES

- Mini Jumbo Lump Crab Cakes with Cocktail Sauce
- Seafood Beggars Purse
- Beggars Purse of Blue Cheese & Pear
- Shrimp in Jacket
- Blackened Pork Medallions with Apple or Compote
- Steak au Poivre
- Crab & Shrimp Spring Rolls
- Salmon Saté with Herb & Ginger Glaze
- Beef Tenderloin Wellington
- Coconut Shrimp with Tropical Salsa

THE RAW BAR

Per piece

- Iced Jumbo Gulf Shrimp
- Oysters on the Half
- Snow Crab Claws

Market Price

Market Price

Market Price

Served with cocktail sauce, horseradish & fresh lemon

RECEPTION SUPPLEMENTS

- Hot Crab Dip with French Bread ~ **Minimum of 20ppl**
- Hot Artichoke Dip with French Bread ~ **Minimum of 20ppl**
- Fancy Mixed Nuts
- Potato Chips
- Snack Mix
- Pretzels
- Salted Peanuts
- Nacho Chips with Salsa
- Creamy Herb or Onion Dip

\$Per Person

\$Per Person

\$ (per lb)

\$ (per lb)

\$ (per lb)

\$ (per lb)

\$ (per lb)

\$ (per lb)

\$ (per lb)

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H O T E L
ARLINGTON

Bar Menu

In Accordance with the laws of the State of Virginia, no alcoholic beverages are allowed to be brought into the hotel.

Open Full Host Bar ~ Per Guest

Type	1 Hour	2 Hour	3 Hour	4 Hour
House Brands	\$11.50	\$15.00	\$17.00	\$19.00
Call Brands	\$13.00	\$17.00	\$20.00	\$22.50
Premium Brands	\$14.50	\$18.50	\$21.50	\$24.00

Open Beer/Wine Host Bar ~Per Guest

Wine/Beer Bar	\$11.00	\$14.00	\$16.00	\$17.00
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Individual Drink Prices

Type	Host Bar	Cash Bar
Call Brands	\$4.95	\$5.50
Premium Brands	\$5.95	\$6.50
Deluxe Brands	\$6.95	\$6.50
Call Wine	\$5.95	\$7.50
Premium Wine	\$6.95	\$8.50
Deluxe Wine	\$7.95	\$9.25
Domestic Beer	\$3.95	\$4.25
Imported Beer	\$4.95	\$5.25
Soft Drinks/Spring Water	\$3.25	\$3.50
Cognac	\$7.50	\$9.50

Bartender Fee **\$85.00 Each ~ 3 Hours**

Cashier Fee **\$85.00 Each ~ 3 Hours**

Bar Brands

House Brands: Smirnoff Vodka, Tangueray Gin, Bacardi Silver Rum, Jim Beam Bourbon, Canadian Club Blended Whiskey, Grant's Reserve Scotch, Jose Cuervo Gold Tequila, Korbel Cognac, Budweiser, Bud Lite, Heineken, House Wines, Soft Drinks & Juices

Call Brands: Absolut Vodka, Beefeaters Gin, Jack Daniels Bourbon, Seagram's VO Blended Whiskey, Captain Morgan Rum, Johnnie Walker Red Scotch, Glenfiddish Single Malt Scotch, Old Bushmill's Irish Whiskey, Jose Cuervo 1800 Tequila, Courvoisier VSOP Cognac, Budweiser, Bud Lite, Heineken, House Wines, Soft Drinks & Juices

Premium Brands: Ketel One Vodka, Bombay Sapphire Gin, Maker's Mark Bourbon, Crown Royal Blended Whiskey, Myer's Dark Rum, Johnnie Walker Black Scotch, Glenlivet Single Malt Scotch, Jameson Irish Whiskey, Sauza Homitos Tequila, Hennessy VSOP Cognac, Budweiser, Miller Lite, Heineken, House Wines, Soft Drinks & Juices

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H O T E L
A R L I N G T O N

PRIVATE DINING BARS & BEVERAGES

<i>CHAMPAGNE</i>	<i>PRICES</i>
Korbel, Napa Valley	\$39.95
Iron Horse Brut Rose' Sonoma	\$57.95
Totts	\$29.95
Cooks	\$25.00

WHITE WINES

Lindemanns Chardonnay	\$33.35
Robert Mondavi Chardonnay	\$28.95
Robert Mondavi Coastal Chardonnay	\$25.00

WHITE ZINFANDEL

Beringer White Zinfandel	\$25.00
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RED WINES

Sterling Vintners Cabernet Sauvignon	\$33.35
Bordeaux Premium Red	\$28.95
Robert Mondavi Coastal Merlot	\$29.95
Redwood Creek	\$25.00

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A R L I N G T O N

Banquet Policies & Guidelines

Banquet & Labor Charges

- All meal periods have set limits for maximum serving times
 - Breakfast One Hour
 - Lunch One Hours
 - Dinner Two Hours
- Exceeding these limits may result in labor charges at \$30/hour/server

Function Set Up

- Once the room is set up per the Banquet Event Order, any changes may result in a labor charge of \$3.50/person

Security

- The Sheraton National Hotel does not accept responsibility for damage or loss of any merchandise or article left in the hotel prior to, during or following any function. Arrangements for security can be made prior to the function.

Signs & Banners

- The Hotel reserves the right to approve all signage in the banquet & meeting areas.
- All signs should be professionally printed. No signs are allowed on the guest floors, in elevators, in the main lobby or on the exterior of the building.
- Printed signs outside function rooms only should be free standing or on an easel.
- The hotel will assist in placing all signs & banners. A service charge may apply.

Storage

- Fire regulations require that the Hotel public areas & Hotel service hallways not be used for storage of supplies or equipment.

Receiving Boxes

- \$1.25 per small box per day
- \$2.50 per large box per day
- Not to exceed 10 pounds per box
- 72 hour storage maximum, pre- & post-convention

Vendor Building Access

- Vendors must obtain security badges for employees. These badges are to be worn while in the Hotel. The Hotel Security Department will provide the badges at no charge.

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